# Informal Healthcare Provision: Exploring Health Seeking Priorities for people Living with Chronic Health Conditions in Informal Settlements in Freetown, Sierra Leone



Candidate: Abu Conteh -PhD in Global Health Contacts: 333576@lstmed.ac.uk





# Introduction

- Urban populations in Sierra Leone are becoming more exposed to chronic health risk factors
- High costs of healthcare make health seeking and disease diagnosis difficult
- In Freetown's informal settlements, informal healthcare use is huge but the drivers of utilisation for people with chronic health conditions are less explored
- It yet unknown how informal healthcare can contribute

# **Data Collection Procedures & Analysis**

**Study sites:** Study will be done in 2 hillside informal settlements and 1 seafront settlement

#### **Methods**

- 10 policy interviews with Ministry of Health staff & NGOs/Civil society working on chronic health
- 18 Key informant interviews
- 18 narrative interviews with people with diabetes,
- to providing equitable care for people with chronic conditions (e.g. diabetes, stroke & hypertension)
- Moreover, the health system is over-formalised, less pluralistic with limited synergies with the informal health

# **Aim of the Study**

The aim of this study is to apply theories of intersectionality and political economy to better understand how informal health service provision, utilization and governance is organised within informal urban settlements in Freetown, and how these impact on the health and healthcare access of people living with chronic health conditions.

### **Study Conceptual Framework**

An intersectional approach will explore how people's conceptual understandings of health, socio-economic and health status inform their health seeking preferences; A political economy analysis will interrogate how the health system supports the healthcare needs of people from different social, spatial and health conditions.

hypertension and stroke; interviews will be done 3 times with 6 weeks intervals

#### Analysis

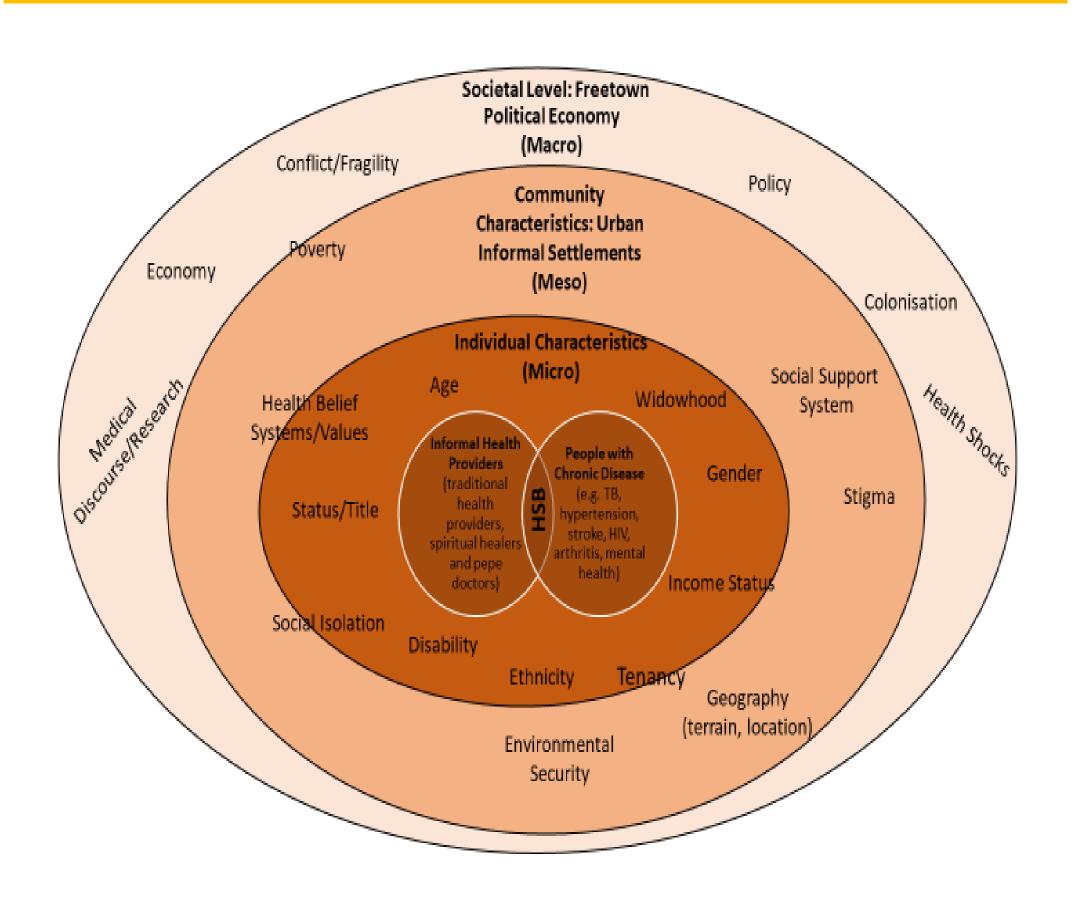
 Content & narrative analysis using Nvivo analysis software

### **Expected Outcomes**

This study seeks to draw attention to the utilisation of informal healthcare services mostly by people on the margins of society who are often excluded from formal healthcare access. Through a cohort of people with chronic health conditions, the study will illustrate that an equitable and pluralistic health system can be of benefit to everyone.

#### References

Macarthy, J.M., Conteh, A., Sellu, S.A., Heinrich, L., 2018. 'Health Impacts of the Living Conditions of People Residing in Informal Settlements in Freetown'. SLURC Publication
Odland, M.L., Bockarie, T., Wurie, H., Ansumana, R., Lamin, J., Nugent, R., Bokolis, L., Witham, M., Davies, J., 2020. Prevalence and access to care for cardiovascular risk factors in older people in Sierra Leone: a cross sectional survey. BMJ. <u>https://doi.org/10.1136/bmjopen-2020038520</u>
Wilkinson, A., Conteh, A. & Macarthy, J. (2020): Chronic conditions and COVID-19 in informal urban settlements: a protracted emergency, Cities & Health, DOI: 10.1080/23748834.2020.1813538



Acknowledgements: This research is being funded by ARISE Hub through GCRF UKRI support



